



The Sins of Youth to Overcome

Testament of Reuben 2:3

...seven other spirits are given to him at his creation, that through them should be done every work of man.

1. First is the spirit of life,
2. second is the sense of sight,
3. third is sense of hearing,
4. Sense of Smell
5. Power of speech
6. Sense of taste
7. power of procreation and intercourse
8. The eighth is the spirit of sleep

Mic 6:8

He hath shewed thee, O man, what is good; and what doth Alayah require of thee, but to do justly, and to love mercy, and to walk humbly with thy Alahayim?

Wisdom of Solomon 2:23

For Alahayim created man to be immortal, and made him to be an image of his own eternity.

Testament of Reuben 3:2

2 With these spirits are mingled the spirits of error.

Testament of Reuben 2:2

2:2 Seven spirits therefore are appointed against man, and they are the leaders in the works of youth



Testament of Reuben 3:3

3 First, the spirit of fornication is seated in the nature and in the senses;

- Nature: the innate or essential qualities or character of a person or animal

Pro 7:10

And, behold, there met him a woman with the attire of an harlot, and subtil of heart.

Pro 7:11-12 (She is loud and stubborn; her feet abide not in her house: Now is she without, now in the streets, and lieth in wait at every corner.)

2Es 3:21

For the first Adam bearing a wicked heart transgressed, and was overcome; and so be all they that are born of him.

2Es 3:22 Thus infirmity was made permanent; and the law (also) in the heart of the people with the malignity of the root; so that the good departed away, and the evil abode still

Sir 17:16

Every man from his youth is given to evil; neither could they make to themselves fleshy hearts for stony.

Proverbs 20:9

Who can say, I have made my heart clean, I am pure from my sin?

Hermas Parable 7

1[66]:4 "But behold, Sir," say I, "they have repented with their whole heart." "I am quite aware myself," saith he, "that they have repented with their whole heart; well, thinkest thou that the sins of those who repent are forgiven forthwith?"

Certainly not; but the person who repents must torture his own soul, and must be thoroughly humble in his every action, and be afflicted with all the divers kinds of affliction; and if he endure the afflictions which come upon him, assuredly He who created all things and endowed them with power will be moved with compassion and will bestow some remedy.

1[66]:5 And this (will Alahayim do), if in any way He perceive the heart of the penitent pure from every evil thing.



Mandate 4

3[31]:4 To those then that were called before these days the Lord has appointed repentance. For the Lord, being a discerner of hearts and foreknowing all things, perceived the weakness of men and the manifold wiles of the devil, how that he will be doing some mischief to the servants of Alahayim, and will deal wickedly with them.

3[31]:5 the Lord then, being very compassionate, had pity on His handiwork, and appointed this (opportunity of) repentance, and to me was given the authority over this repentance.

Parable 8

6[72]:2 "Wherefore then, Sir," say I, "did they not all repent?" "To those, whose heart He saw about to become pure and to serve Him with all the heart, to them He gave repentance; but those whose craftiness and wickedness He saw, who intend to repent in hypocrisy, to them He gave not repentance, lest haply they should again profane His name."

Mandate 4

3[31]:6 But I say unto you," saith he, "if after this great and holy calling any one, being tempted of the devil, shall commit sin, he hath only one (opportunity of) repentance. But if he sin often and repent, repentance is unprofitable for such a man; for he shall live with difficulty."

3[31]:7 I say unto him, "I was quickened unto life again, when I heard these things from thee so precisely. For I know that, if I shall add no more to my sins, I shall be saved." "Thou shalt be saved," he saith, "thou and all, as many as shall do these things."

4[32]:3 Preserve purity and holiness therefore, and thou shalt live unto Alahayim. All these things, which I speak and shall hereafter speak unto thee, guard from this time forward, from the day when thou wast committed unto me, and I will dwell in thy house.

4[32]:4 But for thy former transgressions there shall be remission, if thou keepest my commandments. Yea, and all shall have remission, if they keep these my commandments, and walk in this purity."

Ecclesiasticus 23:1

O Lord, Father and Governor of all my whole life, leave me not to their counsels, and let me not fall by them.



Ecclesiasticus 23:2 Who will set scourges over my thoughts, and the discipline of wisdom over mine heart? that they spare me not for mine ignorances, and it pass not by my sins:

Ecclesiasticus 23:3 Lest mine ignorances increase, and my sins abound to my destruction, and I fall before mine adversaries, and mine enemy rejoice over me, whose hope is far from thy mercy.

Ecclesiasticus 23:4 O Lord, Father and Alahayim of my life, give me not a proud look, but turn away from thy servants always a haughty mind.

Ecclesiasticus 23:5 Turn away from me vain hopes and concupiscence, and thou shalt hold him up that is desirous always to serve thee.

- Nature: inborn or hereditary characteristics as an influence on or determinant of personality

Testament of Levi 9:9

9 Beware of the spirit of fornication; for this shall continue and shall by thy seed pollute the holy place.

Testament of Joseph 7:8

8 For if a man hath fallen before the passion of a wicked desire and become enslaved by it, even as she, whatever good thing he may hear with regard to that passion, he receiveth it with a view to his wicked desire.

4 And when I saw the spirit of Beliar was troubling her, I prayed unto the Lord, and said unto her: Why, wretched woman, art thou troubled and disturbed, blinded through, sins? 5 Remember that if thou kill thyself, Asteho, the maid-wife of thy husband, thy rival, will beat thy children, and thou wilt destroy thy memorial from off the earth. 6 And she said unto me: Lo, then thou lovest me; let this suffice me: only strive for my life and my children, and I expect that I shall enjoy my desire also. 7 But she knew not that because of my master I spake thus, and not because of her.

Testament of Joseph 9:6

6 For when I was in her house she was wont to bare her arms, and breasts, and legs, that I might lie with her; for she was very beautiful, splendidly adorned in order to beguile me.



Ezekiel 23:14

And that she increased her whoredoms: for when she saw men pourtrayed upon the wall, the images of the Chaldeans pourtrayed with vermilion,

Ezekiel 23:16 And as soon as she saw them with her eyes, she doted upon them, and sent messengers unto them into Chaldea.

Isaiah 3:16

Moreover Ahayah saith, Because the daughters of Zion are haughty, and walk with stretched forth necks and wanton eyes, walking and mincing as they go, and making a tinkling with their feet:

1 Timothy 2:9

In like manner also, that women adorn themselves in modest apparel, with shamefacedness and sobriety...

Testament of Ruben chapter 3:3

... the second, the spirit of insatiableness, in the belly;

- Insatiable: (of a desire or appetite) incapable of being satisfied

Sir 23:6

Let not the greediness of the belly nor lust of the flesh take hold of me; and give not over me thy servant into an impudent mind.

Sir 37:29

Be not unsatiable in any dainty thing, nor too greedy upon meats:

Sir 37:30 For excess of meats bringeth sickness, and surfeiting will turn into choler.

Sir 31:19

A very little is sufficient for a man well nurtured, and he fetcheth not his wind short upon his bed.

Sir 31:20

Sound sleep cometh of moderate eating: he riseth early, and his wits are with him: but the pain of watching, and choler, and pangs of the belly, are with an unsatiable man.



Sir 31:12

If thou sit at a bountiful table, be not greedy upon it, and say not, There is much meat on it.

Sir 31:13 Remember that a wicked eye is an evil thing: and what is created more wicked than an eye? therefore it weepeth upon every occasion.

Ecc 10:17

Blessed art thou, O land, when thy king is the son of nobles, and thy princes eat in due season, for strength, and not for drunkenness!

Testament of Benjamin 6:1-3

Chapter 6 1 The inclination of the good man is not in the power of the deceit of the spirit of Beliar, for the angel of peace guideth his soul. 2 And he gazeth not passionately upon corruptible things, 3...he sateth not himself with luxuries,

Testament of Rueben 3:3

...the third, the spirit of fighting, in the liver and gall.

Testament of Simeon 2:4

4 For my heart was hard, and my liver was immovable, And my bowels without compassion. 5 Because valour also has been given from the Most High to men in soul and body. 6 For in the time of my youth I was jealous in many things of Joseph, because my father loved him beyond all. 7 And I set my mind against him to destroy him, because the prince of deceit sent forth the spirit of jealousy and blinded my mind, so that I regarded him not as a brother, nor did I spare even Jacob my father.



Testament of Rueben 3:4

4 The fourth is the spirit of obsequiousness and chicanery, that through officious attention one may be fair in seeming.

- Obsequious: obedient or attentive to an excessive or servile degree.
- Obsequiousness describes a situation in which a person obediently serves someone else and is eager to please them.
- Synonym: Fawning: displaying exaggerated flattery or affection
- Synonym: Ingratiating: intended to gain approval or favor
- Chicanery: the use of trickery to achieve a political, financial, or legal purpose.
- Officious: assertive of authority in an annoyingly domineering way, especially with regard to petty or trivial matters. intrusively enthusiastic in offering help or advice; interfering.

Ecclesiasticus 13:6

If he have need of thee, he will deceive thee, and smile upon thee, and put thee in hope; he will speak thee fair, and say, What wantest thou?

Testament of Rueben 3:5

5 The fifth is the spirit of pride, that one may be boastful and arrogant. The sixth is the spirit of lying, in perdition and jealousy to practice deceits, and concealments from kindred and friends. 6 The seventh is the spirit of injustice,

- **Injustice**: lack of fairness or justice.
with which are thefts and acts of rapacity, that a man may fulfill the desire of his heart; for injustice worketh together with the other spirits by the taking of gifts.

Testament of Rueben 3:7

7 And with all these the spirit of sleep is joined which is that of error and fantasy.
8 And so perisheth every young man, darkening his mind from the truth, and not understanding the law of Alahayim, nor obeying the admonitions of his fathers as befell me also in my youth.



Ecclesiasticus 34:1

The hopes of a man void of understanding are vain and false: and dreams lift up fools.

Ecclesiasticus 34:2

Whoso regardeth dreams is like him that catcheth at a shadow, and followeth after the wind.

Ecclesiasticus 34:3 The vision of dreams is the resemblance of one thing to another, even as the likeness of a face to a face.

Ecclesiasticus 34:6

If they be not sent from the most High in thy visitation, set not thy heart upon them.

Ecclesiasticus 34:7 For dreams have deceived many, and they have failed that put their trust in them.

1. Fornication
2. insatiableness
3. Fighting
4. Obsequiousness & chicanery
5. Pride
6. Lying
7. Injustice
8. Error
9. Fantasy

Testament of Reuben 3:9

9 And now, my children, love the truth, and it will preserve you: hear ye the words of Reuben your father.

Testament of Rueben 7:9

9 I adjure you by the Alahayim of heaven to do truth each one unto his neighbour and to entertain love each one for his brother.



Wisdom of Solomon 14:12

For the devising of idols was the beginning of spiritual fornication...

Wisdom of Solomon 14:27 For the worshipping of idols not to be named is the beginning, the cause, and the end, of all evil.

Deuteronomy 30:17

But if thine heart turn away, so that thou wilt not hear, but shalt be drawn away, and worship other alahayims, and serve them;

Deuteronomy 28:14

And thou shalt not go aside from any of the words which I command thee this day, to the right hand, or to the left, to go after other alahayims to serve them.

Testament of Reuben 4:6, 8-11

6 For a pit unto the soul is the sin of fornication, separating it from Alahayim, and bringing it near to idols, because it deceiveth the mind and understanding, and leadeth young men into Hades before their time. 8 For ye heard regarding Joseph how he guarded himself from a woman, and purged his thoughts from all fornication, and found favour in the sight of Alahayim and men. 9 For the Egyptian woman did many things unto him, and summoned magicians, and offered him love potions, but the purpose of his soul admitted no evil desire. 10 Therefore the Alahayim of your fathers delivered him from every evil and hidden death. 11 For if fornication overcomes not your mind, neither can Beliar overcome you.

Testament of Naphtali 2:6

6 As a man's strength, so also is his work; and as his mind, so also is his skill; and as his purpose, so also is his achievement; and as his heart, so also is his mouth; as his eye, so also is his sleep; as his soul, so also is his word, either in the law of the Lord or in the works of Beliar.

Testament of Reuben 4:5

5 Therefore, my children, I say unto you, observe all things whatsoever I command you, and ye shall not sin

..7 For many hath fornication destroyed; because, though a man be old or noble, or rich or poor, he bringeth reproach upon himself with the sons of men and derision with Beliar



An Example of Overcoming the Struggle

Reuben 4:8-11

8 For ye heard regarding Joseph how he guarded himself from a woman, and purged his thoughts from all fornication,

Joseph and Asenath 7:6

6. For Joseph had Alahayim always before his 2 eyes and ever remembered the injunctions of his father; for Jacob often spake and admonished his son Joseph and all his sons : " Keep yourselves, children, securely from a strange woman so as not to have fellowship with her, for fellowship with her is ruin and destruction."

Joseph chapter 9

6 For when I was in her house she was wont to bare her arms, and breasts, and legs, that I might lie with her; for she was very beautiful, splendidly adorned in order to beguile me. 7 And the Lord guarded me from her devices.

Jasher 44

15. At that time whilst he was in his master's house, going in and out of the house and attending his master, Zelichah his master's wife lifted up her eyes toward Joseph and she looked at him, and behold he was a youth comely and well favored. 16. And she coveted his beauty in her heart, and her soul was fixed upon Joseph, and she enticed him day after day, and Zelichah persuaded Joseph daily, but Joseph did not lift up his eyes to behold his master's wife.

22. And she said unto him, there is no one in my house, and there is nothing to attend to but to thy words and to thy wish; yet not withstanding all this she could not bring Joseph unto her, neither did he place his eye upon her, but directed his eyes below to the ground. 23. And Zelichah desired Joseph in her heart, that he should lie with her, and at the time that Joseph was sitting in the house doing his work, Zelichah came and sat before him, and she enticed him daily with her discourse to lie with her, or even to look at her, but Joseph would not hearken to her.

Jasher 73

32. And Moses feared Ahayah Alahayim of his fathers, so that he came not to her, nor did he turn his eyes to her. 33. For Moses remembered how Abraham had



made his servant Eliezer swear, saying unto him, thou shalt not take a woman from the daughters of Canaan for my son Isaac. 34. Also what Isaac did when Jacob had fled from his brother, when he commanded him, saying, thou shalt not take a wife from the daughters of Canaan, nor make alliance with any of the children of Ham. 35. For Ahayah our Alahayim gave Ham the son of Noah, and his children and all his seed, as slaves to the children of Shem and to the children of Japheth, and unto their seed after them for slaves, forever. 36. Therefore Moses turned not his heart nor his eyes to the wife of Kikianus all the days that he reigned over Cush

Joseph's Testimony

Joseph 6:7

But that thou mayst learn that the wickedness of the unholy hath no power over them that worship Alahayim with chastity

G1467

ἐγκρατεῦμαι

egkrateuomai

eng-krat-yoo'-om-ahee

Middle voice from [G1468](#); to *exercise self restraint* (in diet and chastity): - can([-not]) contain, be temperate.

Testament of Joseph 9:2-3

For Alahayim loveth him who in a den of wickedness combines fasting with chastity, rather than the man who in kings' chambers combines luxury with licence. 3 And if a man liveth in chastity, and desireth also glory, and the Most High knoweth that it is expedient for him, He bestoweth this also upon me.

Joseph Chapter 10:1

1 Ye see, therefore, my children, how great things patience worketh, and prayer with fasting.



Hermas Parable 5

1[54]:4 "... But fast thou [unto Alahayim] such a fast as this; 1[54]:5 do no wickedness in thy life, and serve the Lord with a pure heart; observe His commandments and walk in His ordinances, and let no evil desire rise up in thy heart; but believe Alahayim. Then, if thou shalt do these things, and fear Him, and control thyself from every evil deed, thou shalt live unto Alahayim; and if thou do these things, thou shalt accomplish a great fast, and one acceptable to Alahayim.

Joseph 10:2

2 So ye too, if ye follow after chastity and purity with patience and prayer, with fasting in humility of heart, the Lord will dwell among you, because He loveth chastity. 3 And wheresoever the Most High dwelleth, even though envy, or slavery, or slander befalleth (a man), the Lord who dwelleth in him, for the sake of his chastity not only delivereth him from evil, but also exalteth him even as me. 4 For in every way the man is lifted up, whether in deed, or in word, or in thought

An example of Being overcome with the Struggle:

Testament of Joseph 14:4

4 For she wished to see me out of a desire of sin, but I was ignorant concerning all these things.

-she had a desire to see him for her lust so her actions were with a pretense from that point forward with a guise of doing good

Chapter 12 1 And about that time the Memphian woman, the wife of Pentephris, came down in a chariot, with great pomp, because she had heard from her eunuchs concerning me. 2 And she told her husband that the merchant had become rich by means of a young Hebrew, and they say that he had assuredly been stolen out of the land of Canaan. 3 Now, therefore, render justice unto him, and take away the youth to thy house; so shall the Alahayim of the Hebrews bless thee, for grace from heaven is upon him.

Chapter 13 1 And Pentephris was persuaded by her words, and commanded the merchant to be brought, and said unto him: What is this that I hear concerning thee, that thou stealest persons out of the land of Canaan, and sellest them for slaves?



8 And he said: How didst thou become their slave? And I said: They bought me out of the land of Canaan. 9 And he said unto me: Truly thou liest; and straightway he commanded me to be stripped and beaten.

Chapter 14 1 Now the Memphian woman was looking through a window at me while I was being beaten, for her house was near, and she sent unto him saying: Thy judgement is unjust; for thou dost punish a free man who hath been stolen, as though he were a transgressor. 2 And when I made no change in my statement, though I was beaten, he ordered me to be imprisoned, until, he said, the owners of the boy should come. 3 And the woman said unto her husband: Wherefore dost thou detain the captive and well-born lad in bonds, who ought rather to be set at liberty, and be waited upon? 4 For she wished to see me out of a desire of sin, but I was ignorant concerning all these things. 5 And he said to her: It is not the custom of the Egyptians to take that which belongeth to others before proof is given. 6 This, therefore, he said concerning the merchant; but as for the lad, he must be imprisoned.

Chapter 16 1 Now the Memphian woman said to her husband: Buy the youth; for I hear, said she, that they are selling him. 2 And straightway she sent a eunuch to the Ishmaelites, and asked them to sell me. 3 But since the eunuch would not agree to buy me (at their price) he returned, having made trial of them, and he made known to his mistress that they asked a large price for their slave. 4 And she sent another eunuch, saying: Even though they demand two minas, give them, do not spare the gold; only buy the boy, and bring him to me.

Jasher 44

14. And Joseph was eighteen years old, a youth with beautiful eyes and of comely appearance, and like unto him was not in the whole land of Egypt.

15. At that time whilst he was in his master's house, going in and out of the house and attending his master, Zelichah his master's wife lifted up her eyes toward Joseph and she looked at him, and behold he was a youth comely and well favored. 16. And she coveted his beauty in her heart, and her soul was fixed upon Joseph, and she enticed him day after day, and Zelichah persuaded Joseph daily, but Joseph did not lift up his eyes to behold his master's wife.



Testament of Joseph Chapter 9:6-7

6 For when I was in her house she was wont to bare her arms, and breasts, and legs, that I might lie with her; for she was very beautiful, splendidly adorned in order to beguile me.

Jasher 44

17. And Zelicah said unto him, how goodly are thy appearance and form, truly I have looked at all the slaves, and have not seen so beautiful a slave as thou art. And Joseph said unto her, surely He who created me in my mother's womb created all mankind. 18. And she said unto him, how beautiful are thine eyes, with which thou hast dazzled all the inhabitants of Egypt, men and women. And he said unto her, how beautiful they are whilst we are alive, but shouldst thou behold them in the grave, surely thou wouldst move away from them. 19. And she said unto him, how beautiful and pleasing are all thy words; take now I pray thee, the harp which is in the house, and play with thy hands and let us hear thy words. 20. And he said unto her, how beautiful and pleasing are my words when I speak the praise of my Alahayim and his glory. And she said unto him how very beautiful is the hair of thy head, behold the golden comb which is in the house, take it I pray thee and curl the hair of thy head. 21. And he said unto her, how long wilt thou speak these words? Cease to utter these words to me, and rise and attend to thy domestic affairs.

22. And she said unto him, there is no one in my house, and there is nothing to attend to but to thy words and to thy wish; yet not withstanding all this she could not bring Joseph unto her, neither did he place his eye upon her, but directed his eyes below to the ground. 23. And Zelicah desired Joseph in her heart, that he should lie with her, and at the time that Joseph was sitting in the house doing his work, Zelicah came and sat before him, and she enticed him daily with her discourse to lie with her, or even to look at her, but Joseph would not hearken to her.

24. And she said unto him, if thou wilt not do according to my words, I will chastise thee with the punishment of death, and put an iron yoke upon thee. 25. And Joseph said unto her, surely Alahayim who created man looseth the fetters of prisoners, and it is He who will deliver me from thy prison and from thy judgment. 26. And when she could not prevail over him, to persuade him, and her soul being still fixed upon him, her desire threw her into a grievous sickness



Testament of Joseph Chapter 3

1 How often did the Egyptian woman threaten me with death! 2 How often did she give me over to punishment, and then call me back and threaten me, and when I was unwilling to company with her, she said to me: Thou shalt be master of me, and all that is in my house, if thou wilt give thyself unto me, and thou shalt be as our master. 3 But I remembered the words of my father, and going into my chamber, I wept and prayed unto the Lord. 4 And I fasted in those seven years, and I appeared to the Egyptians as one living delicately, for they that fast for Alahayim's sake receive beauty of face. 5 And if my master were away from home, I drank no wine; nor for three days did I take my food, but I gave it to the poor and sick. 6 And I sought the Lord early, and I wept for the Egyptian woman of Memphis, for very unceasingly did she trouble me, for also at night she came to me under pretense of visiting me. 7 And because she had no male child she pretended to regard me as a son, and so I prayed to the Lord, and she bare a male child. 8 And for a time she embraced me as a son, and I knew it not; but later, she sought to draw me into fornication. 9 And when I perceived it I sorrowed unto death; and when she had gone out, I came to myself, and lamented for her many days, because I recognized her guile and her deceit. 10 And I declared unto her the words of the Most High, if haply she would turn from her evil lust. Chapter 4 1 Often, therefore, did she flatter me with words as a holy man, and guilefully in her talk praise my chastity before her husband, while desiring to ensnare me when we were alone. 2 For she lauded me openly as chaste, and in secret she said unto me: Fear not my husband; for he is persuaded concerning thy chastity: for even should one tell him concerning us, he would not believe. 3 Owing to all these things I lay upon the ground, and besought Alahayim that the Lord would deliver me from her deceit. 4 And when she had prevailed nothing thereby, she came again to me under the plea of instruction, that she might learn the word of Alahayim. 5 And she said unto me: If thou willest that I should leave my idols, lie with me, and I will persuade my husband to depart from his idols, and we will walk in the law of thy Lord. 6 And I said unto her: The Lord willeth not that those who reverence Him should be in uncleanness, nor doth He take pleasure in them that commit adultery, but in those that approach Him with a pure heart and undefiled lips. 7 But she held her peace, longing to accomplish her evil desire. 8 And I gave myself yet more to fasting and prayer, that the Lord might deliver me from her. Chapter 5 1 And again, at another time she said unto me: If thou wilt not commit adultery, I will kill my husband by poison; and take thee to be my husband. 2 I therefore, when I heard this, rent my garments, and said unto her:



Woman, reverence Alahayim, and do not this evil deed, lest thou be destroyed; for know indeed that I will declare this thy device unto all men. 3 She therefore, being afraid, besought that I would not declare this device. 4 And she departed soothing me with gifts, and sending to me every delight of the sons of men.

Chapter 6 1 And afterwards she sent me food mingled with enchantments. 2 And when the eunuch who brought it came, I looked up and beheld a terrible man giving me with the dish a sword, and I perceived that (her) scheme was to beguile me. 3 And when he had gone out I wept, nor did I taste that or any other of her food. 4 So then after one day she came to me and observed the food, and said unto me: Why is it that thou hast not eaten of the food? 5 And I said unto her: It is because thou hast filled it with deadly enchantments; and how saidst thou: I come not near to idols, but to the Lord alone. 6 Now therefore know that the Alahayim of my father hath revealed unto me by His angel thy wickedness, and I have kept it to convict thee, if haply thou mayst see and repent. 7 But that thou mayst learn that the wickedness of the unholy hath no power over them that worship Alahayim with chastity, behold I will take of it and eat before thee. 8 And having so said, I prayed thus: The Alahayim of my fathers and the angel of Abraham, be with me; and ate. 9 And when she saw this she fell upon her face at my feet, weeping; and I raised her up and admonished her. And she promised to do this iniquity no more.

Chapter 7 1 But her heart was still set upon evil, and she looked around how to ensnare me, and sighing deeply she became downcast, though she was not sick. 2 And when her husband saw her, he said unto her: Why is thy countenance fallen? And she said unto him: I have a pain at my heart, and the groanings of my spirit oppress me; and so he comforted her who was not sick. 3 Then, accordingly seizing an opportunity, she rushed unto me while her husband was yet without, and said unto me: I will hang myself, or cast myself over a cliff, if thou wilt not lie with me. 4 And when I saw the spirit of Beliar was troubling her, I prayed unto the Lord, and said unto her: Why, wretched woman, art thou troubled and disturbed, blinded through, sins? 5 Remember that if thou kill thyself, Asteho, the maid-wife of thy husband, thy rival, will beat thy children, and thou wilt destroy thy memorial from off the earth. 6 And she said unto me: Lo, then thou lovest me; let this suffice me: only strive for my life and my children, and I expect that I shall enjoy my desire also. 7 But she knew not that because of my master I spake thus, and not because of her. 8 For if a man hath fallen before the passion of a wicked desire and become enslaved by it, even as she, whatever good thing he may hear with regard to that passion, he receiveth it with a view to his wicked desire.



Understanding Fornication

1 Corinthians 6:13

...Now the body is not for fornication, but for the Lord; and the Lord for the body.

Evil Desire & Sleep

The Good vs Evil Desire of the Eye

Hermas Mandate 12

1[44]:1 He saith to me; "Remove from thyself all evil desire, and clothe thyself in the desire which is good and holy; for clothed with this desire thou shalt hate the evil desire, and shalt bridle and direct it as thou wilt.

1[44]:2 For the evil desire is wild, and only tamed with difficulty; for it is terrible, and by its wildness is very costly to men; more especially if a servant of Alahayim get entangled in it, and have no understanding, he is put to fearful costs by it. But it is costly to such men as are not clothed in the good desire, but are mixed up with this life "These men then it hands over to death."

1[44]:3 "Of what sort, Sir," say I, "are the works of the evil desire, which hand over men to death? Make them known to me, that I may hold aloof from them." Listen," [saith he,] "through what works the evil desire bringeth death to the servants of Alahayim.

2[45]:1 "Before all is desire for the wife or husband of another, and for extravagance of wealth, and for many needless dainties, and for drinks and other luxuries, many and foolish. For even luxury is foolish and vain for the servants of Alahayim.

2[45]:2 These desires then are evil, and bring death to the servants of Alahayim. For this evil desire is a daughter of the devil. Ye must, therefore, abstain from the evil desires, that so abstaining ye may live unto Alahayim.

2[45]:3 But as many as are mastered by them, and resist them not, are done to death utterly; for these desires are deadly.



2[45]:4 But do thou clothe thyself in the desire of righteousness, and, having armed thyself with the fear of the Lord, resist them. For the fear of Alahayim dwelleth in the good desire. If the evil desire shall see thee armed with the fear of Alahayim and resisting itself, it shall flee far from thee, and shall no more be seen of thee, being in fear of thine arms.

2[45]:5 Do thou therefore, when thou art crowned for thy victory over it, come to the desire of righteousness, and deliver to her the victor's prize which thou hast received, and serve her, according as she herself desireth. If thou serve the good desire, and art subject to her, thou shalt have power to master the evil desire, and to subject her, according as thou wilt."

3[46]:1 "I would fain know, Sir," say I, "in what ways I ought to serve the good desire." "Listen," saith he; "practice righteousness and virtue, truth and the fear of the Lord, faith and gentleness, and as many good deeds as are like these. Practicing these thou shalt be well-pleasing as a servant of Alahayim, and shalt live unto Him; yea, and every one who shall serve the good desire shall live unto Alahayim."

Sleep Attacks

Rueben 3:7

7 And with all these the spirit of sleep is joined which is that of error and fantasy.
8 And so perisheth every young man, darkening his mind from the truth, and not understanding the law of Alahayim, nor obeying the admonitions of his fathers as befell me also in my youth.

Testament of Simeon 4

8 For this maketh savage the soul and destroyeth the body; it causeth anger and war in the mind, and stirreth up unto deeds of blood, and leadeth the mind into frenzy, and suffereth not prudence to act in men; moreover, it taketh away sleep, and causeth tumult to the soul and trembling to the body. 9 For even in sleep some malicious jealousy, deluding him, gnaweth and with wicked spirits disturbeth his soul, and causeth the body to be troubled, and waketh the mind from sleep in confusion; and as a wicked and poisonous spirit, so appeareth it to men.



Proverbs 3:1

My son, forget not my law; but let thine heart keep my commandments:

Proverbs 3:2 For length of days, and long life, and peace, shall they add to thee.

Proverbs 3:3 Let not mercy and truth forsake thee: bind them about thy neck; write them upon the table of thine heart:

Proverbs 3:4 So shalt thou find favour and good understanding in the sight of Alahayim and man.

Proverbs 3:5 Trust in the LORD with all thine heart; and lean not unto thine own understanding.

Proverbs 3:6 In all thy ways acknowledge him, and he shall direct thy paths.

Proverbs 3:7 Be not wise in thine own eyes: fear the LORD, and depart from evil.

Proverbs 3:8 It shall be health to thy navel, and marrow to thy bones.

Proverbs 3:21 My son, let not them depart from thine eyes: keep sound wisdom and discretion:

Proverbs 3:22 So shall they be life unto thy soul, and grace to thy neck.

Proverbs 3:23 Then shalt thou walk in thy way safely, and thy foot shall not stumble.

Proverbs 3:24 When thou liest down, thou shalt not be afraid: yea, thou shalt lie down, and thy sleep shall be sweet.

Abraham's Admonition

Jubilees 20:1-3,5-

...Abraham called Ishmael, and his twelve sons, and Isaac and his two sons, and the six sons of Keturah, and their sons. 2. And he commanded them that they should observe the way of Ahayah; that they should work righteousness, and love each his neighbour, and act on this manner amongst all men; that they should each so walk with regard to them as to do judgment and righteousness on the earth. 3. ..., and not deviate to the right hand or the left of all the paths which Ahayah had commanded us; and that we should keep ourselves from all fornication and uncleanness, [and renounce from amongst us all fornication and uncleanness].

5. And he told them of the judgment of the giants, and the judgment of the Sodomites, how they had been judged on account of their wickedness, and had died on account of their fornication, and uncleanness, and mutual corruption through fornication.



6. "And guard yourselves from all fornication and uncleanness, and from all pollution of sin, Lest ye make our name a curse, And your whole life a hissing, And all your sons be destroyed by the sword, And ye become accursed like Sodom, And all your remnant as the sons of Gomorrah.

7. I implore you, my sons, love the Alahayim of heaven, and cleave ye to all His commandments. And walk not after their idols, and after their uncleannesses, 8. And make not for yourselves molten or graven alahayims;

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...And when the devil had said these things and even more, the apostle said: Yache commands you and your son through me not to enter anymore into the habitation of man: but go now and depart and dwell far apart from the territory of men. And the devils said to him: you have punished us harshly with your commandment: but what are you going to do about the others that are hidden from you? These people of India have created all types of images, rejoice in them far more than what you do: Many of these people do mostly worship and perform their own will, sacrificing to these images and bringing them gifts of food, by libations and by wine, water and offering with oblations.

Jubilees 20:8

For they are vanity, and there is no spirit in them; For they are work of (men's) hands, And all who trust in them, trust in nothing. Serve them not, nor worship them, 9. But serve ye the Most High Ala, and worship Him continually: And hope for His countenance always, And work uprightness and righteousness before Him, That He may have pleasure in you and grant you His mercy, And send rain upon you morning and evening, And bless all your works which ye have wrought upon the earth, And bless thy bread and thy water, And bless the fruit of thy womb and the fruit of thy land, And the herds of thy cattle, and the flocks of thy sheep. 10. And ye will be for a blessing on the earth, And all nations of the earth will desire you, And bless your sons in my name, That they may be blessed as I am."